# DEEP BRAIN STIMULATION IN OBSESSIVE COMPULSIVE DISORDER

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Associate Director - Mental Health  
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**Dr. Anirban Deep Banerjee**  
Associate Director - Neurosurgery  
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**Welcome Note**  
Dr. Saurabh Mehrotra, Associate Director - Mental Health

**Address by**  
Dr. V. P. Singh, Chairman - Institute of Neurosciences

**Address by Chief Guest**  
Dr. Naresh Trehan, Chairman and Managing Director, Medanta

**Symptoms of OCD**  
Dr. Prathyusha Manchala, Attending Consultant - Psychiatry

**Medical Treatment in OCD**  
Dr. Anmol Singh, Attending Consultant - Psychiatry

**Behavioural Treatment/Counselling in OCD**  
Ms. Tanvi Baluja, Clinical Psychologist - Mental Health

**Treatment Resistant OCD**  
Dr. Saurabh Mehrotra, Associate Director - Mental Health

**DBS in OCD**  
Dr. Anirban Deep Banerjee, Associate Director - Neurosurgery

**Medico-Legal Aspects of DBS in OCD**  
Dr. Saurabh Mehrotra, Associate Director - Mental Health

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Talk will be followed by **High Tea**
Do you frequently experience distressing ideas such as:

- Excessive concern with contamination?
- Repetitive urge to wash hands even while knowing they’re not dirty?
- Frequent excessive checking of items like locks and stoves for reassurance?
- Fear of blurting out obscenities?
- Unwanted sexual thoughts or images?
- Preoccupation with arranging things in order, symmetry and counting?

If you do so at a level that causes impairment of everyday functioning, then you could possibly have obsessive-compulsive disorder.

Is there a cure for this distressing condition?
Fortunately, we have various treatment options like medication and behavioural therapy. But if all else fails, one can go for a surgical procedure called deep brain stimulation. It is a procedure where specific areas of the brain are selectively stimulated for symptom abatement.
To learn more about DBS, attend the talk by experts.